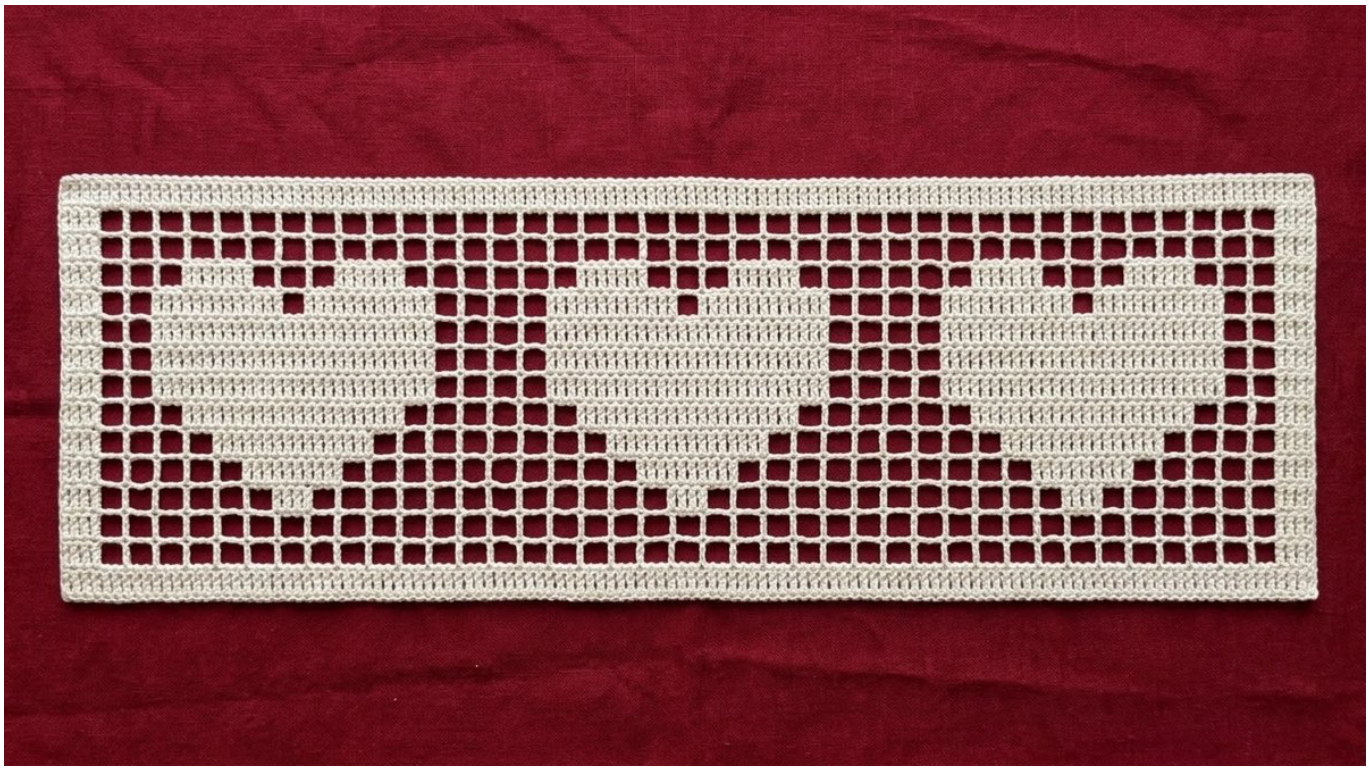
Valentine Heart Filet Crochet Table Runner (Free Pattern)

Three filet hearts in cream cotton, about 24 3/4 x 7 1/2 in · US terms



Three filet hearts on a red Valentine table. Photos are previews of the finished look, not a crocheted sample.

Finished size: About 24 3/4 x 7 1/2 in (63 x 19.1 cm), estimated from the gauge below
Chart: 41 squares x 15 rows: 273 blocks, 342 spaces (56% open)
Yarn: DK weight (#3) 100% cotton in cream: about 145 yd (estimated, with a 20 % margin)

Our simulator replayed every row. This pattern has not been crocheted and swatched by a person: size, yarn and time are estimates, and your piece will differ a little.

Free pattern online:
https://www.cookzya.com/crochet/filet-crochet/valentine-crochet-table-runner/?utm_source=pdf&utm_medium=referral&utm_campaign=valentine-crochet-table-runner

Materials, sizes and terms

Materials

cream: about 145 yd (estimate)
Choose a smooth 100% cotton yarn: the squares and the hearts stay crisp after blocking.
Yarn needle, scissors, rust-proof pins and a towel or a foam mat for blocking.
Hook: US E-4 (3.5 mm), or the size you need for the gauge; yarn needle
Time: About 6 hours (estimated, not timed)

Abbreviations (US terms, UK in brackets)

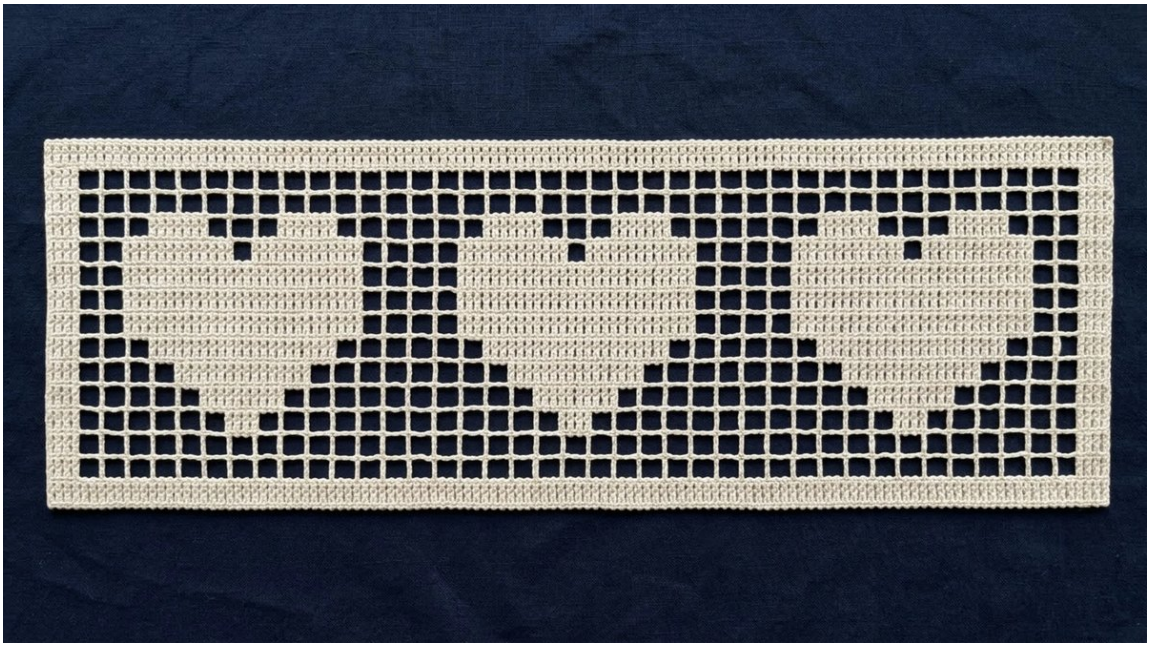
ch = chain
dc = double crochet (UK tr)
bl = block: 3 dc
sp = space: ch 2, then a dc
st(s) = stitch(es)

Gauge

20 dc and 8 rows = 4 in (10 cm) (suggested: measure your own)

Notes

- US crochet terms. ch = chain, dc = double crochet, st(s) = stitch(es), bl = block, sp = space.
- bl (block) = dc in the next 2 sts (or 2 dc in the ch-2 space) and in the next dc. sp (space) = ch 2, skip 2 sts (or the space), dc in the next dc.
- Every row has 41 squares = 124 sts: the first dc, then 3 sts for every square.
- Ch 3 at the start of a row counts as the first dc: skip the dc at the base of the ch-3, and work the last dc of each row in the top of the turning ch-3 (on Row 2: in the top of the 3 skipped ch of the foundation chain).
- Odd rows are worked right to left (←), even rows left to right (→). Row 1 is the bottom row of the chart.
- Photos are previews of the finished look, not a crocheted sample.



Each heart: 2 rounded tops and a point of 1 block, with open squares all around.

Table runner

In cream, one piece, worked in rows.

Row 1

(←): ch 126, dc in the 4th ch from the hook and in each ch across = 123 dc (the 3 skipped ch count as the first dc); that makes 41 bl = 41 squares (41 bl, 0 sp), 124 sts.

Row 2

(→): ch 3, turn; 1 bl, 39 sp, 1 bl = 41 squares (2 bl, 39 sp), 124 sts.

Row 3

(←): ch 3, turn; 1 bl, 39 sp, 1 bl = 41 squares (2 bl, 39 sp), 124 sts.

Row 4

(→): ch 3, turn; 1 bl, 6 sp, 1 bl, 12 sp, 1 bl, 12 sp, 1 bl, 6 sp, 1 bl = 41 squares (5 bl, 36 sp), 124 sts.

Row 5

(←): ch 3, turn; 1 bl, 5 sp, 3 bl, 10 sp, 3 bl, 10 sp, 3 bl, 5 sp, 1 bl = 41 squares (11 bl, 30 sp), 124 sts.

Row 6

(→): ch 3, turn; 1 bl, 4 sp, 5 bl, 8 sp, 5 bl, 8 sp, 5 bl, 4 sp, 1 bl = 41 squares (17 bl, 24 sp), 124 sts.

Row 7

(←): ch 3, turn; 1 bl, 3 sp, 7 bl, 6 sp, 7 bl, 6 sp, 7 bl, 3 sp, 1 bl = 41 squares (23 bl, 18 sp), 124 sts.

Row 8

(→): ch 3, turn; 1 bl, 2 sp, 9 bl, 4 sp, 9 bl, 4 sp, 9 bl, 2 sp, 1 bl = 41 squares (29 bl, 12 sp), 124 sts.

Row 9

(←): ch 3, turn; 1 bl, 2 sp, 9 bl, 4 sp, 9 bl, 4 sp, 9 bl, 2 sp, 1 bl = 41 squares (29 bl, 12 sp), 124 sts.

Row 10

(→): ch 3, turn; 1 bl, 2 sp, 9 bl, 4 sp, 9 bl, 4 sp, 9 bl, 2 sp, 1 bl = 41 squares (29 bl, 12 sp), 124 sts.

Row 11

(←): ch 3, turn; 1 bl, 2 sp, 4 bl, 1 sp, 4 bl, 4 sp, 4 bl, 1 sp, 4 bl, 4 sp, 4 bl, 1 sp, 4 bl, 2 sp, 1 bl = 41 squares (26 bl, 15 sp), 124 sts.

Row 12

(→): ch 3, turn; 1 bl, 3 sp, 2 bl, 3 sp, 2 bl, 6 sp, 2 bl, 3 sp, 2 bl, 6 sp, 2 bl, 3 sp, 2 bl, 3 sp, 1 bl = 41 squares (14 bl, 27 sp), 124 sts.

Row 13

(←): ch 3, turn; 1 bl, 39 sp, 1 bl = 41 squares (2 bl, 39 sp), 124 sts.

Row 14

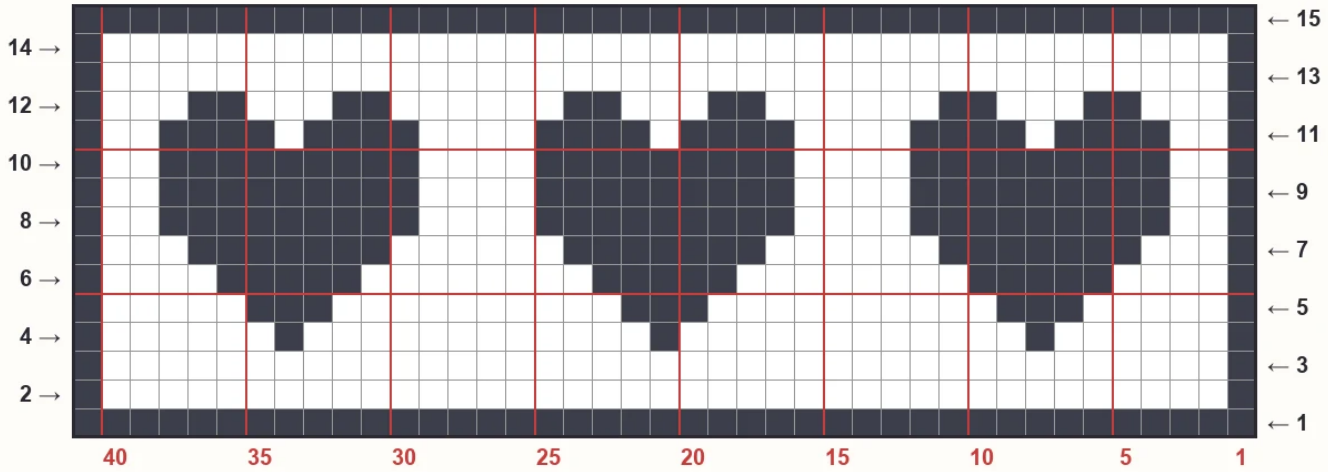
(→): ch 3, turn; 1 bl, 39 sp, 1 bl = 41 squares (2 bl, 39 sp), 124 sts.

Row 15

(←): ch 3, turn; 41 bl = 41 squares (41 bl, 0 sp), 124 sts. Fasten off.

Chart

Filet chart: 41 squares x 15 rows

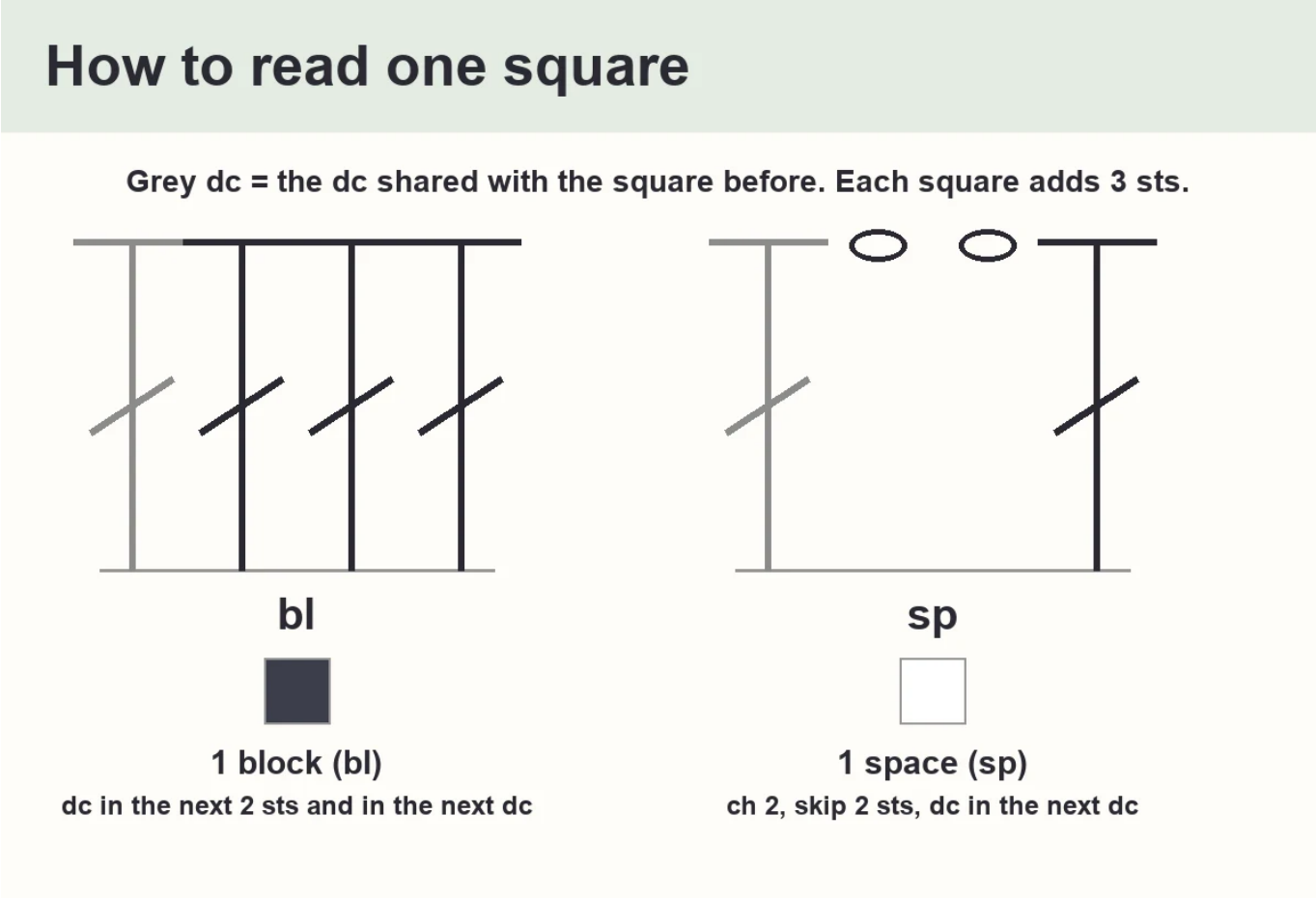


block (bl) = 3 dc **space (sp) = ch 2, dc**

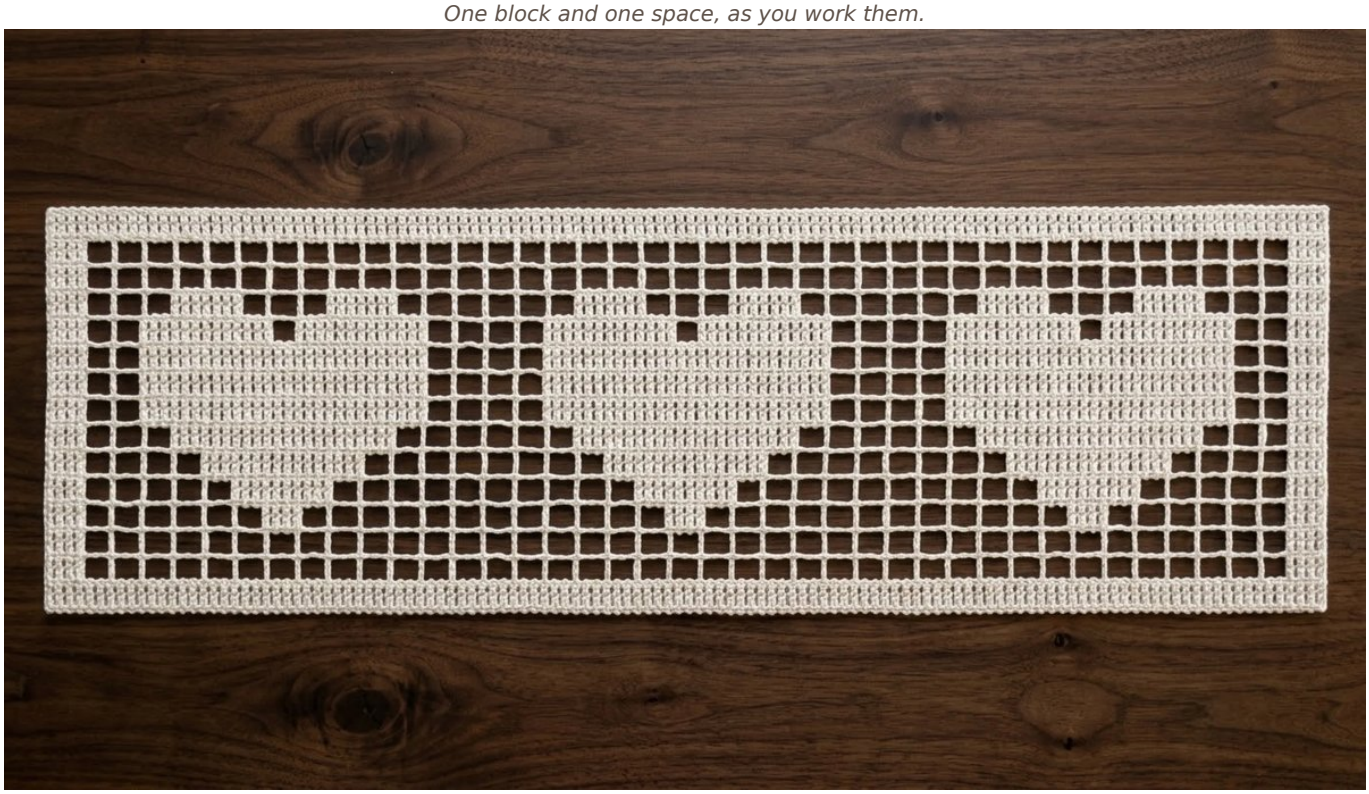
Row 1 is at the bottom. Odd rows: right to left (←). Even rows: left to right (→).
Square 1 = the right edge. Red lines every 5 squares and every 5 rows.

The chart: a filled square is a block, an empty square is a space. Row 1 is at the bottom.

Diagram



One block and one space, as you work them.



Count one heart from its point: 1 block, then 3, 5, 7 and 9.

Finishing

Once it is blocked and dry, it is ready to lie down the middle of the table.

Finish and block

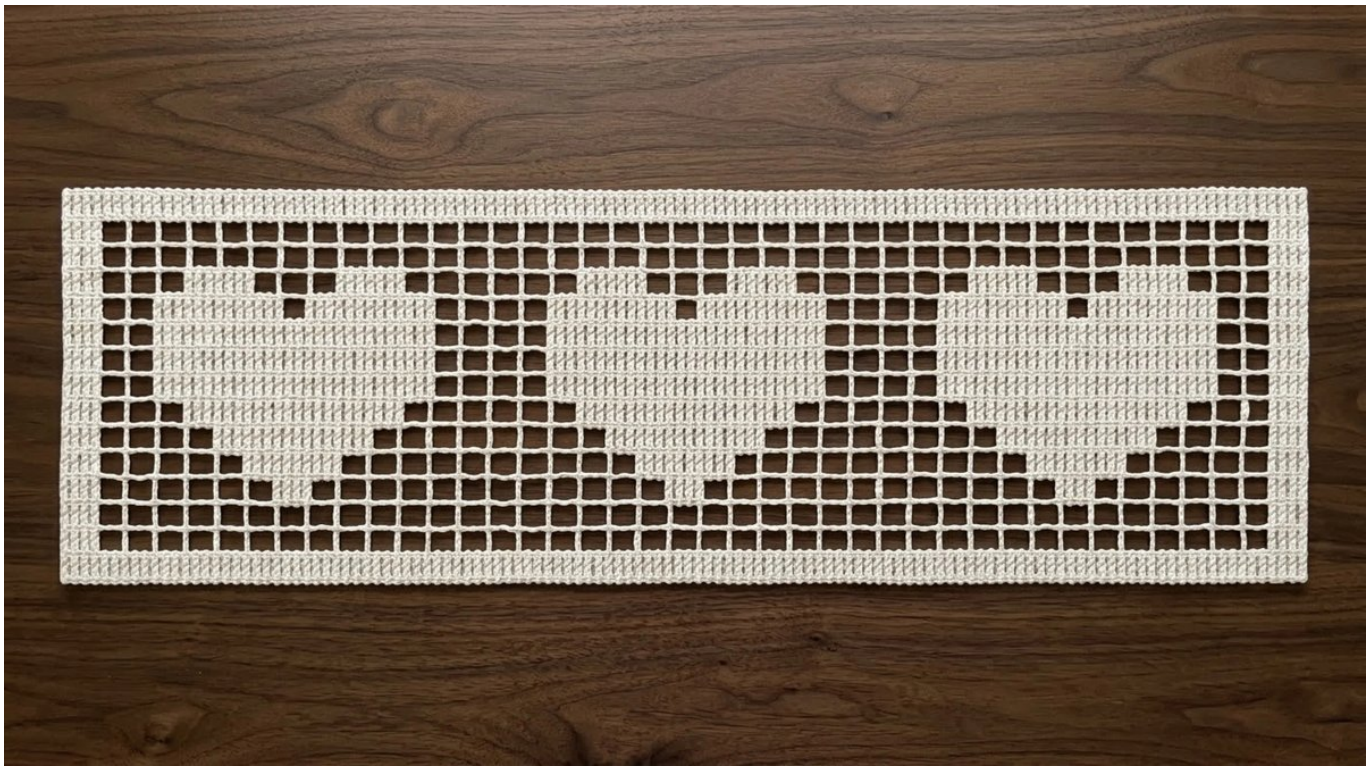
1. Weave in the ends

Weave in both ends along the solid border.

2. Block it

Pin it flat with square corners, one pin in each corner and every few squares along the edges. Mist it with water or spray starch and let it dry fully before you unpin.

Care: Wash as your yarn label says (most cotton yarns: machine wash on a gentle cycle in a laundry bag), then block it flat again to dry.



41 squares by 15 rows: a solid border, a frame of spaces and 3 hearts.

Thank you!

This pattern online (photos, FAQ):
https://www.cookzya.com/crochet/filet-crochet/valentine-crochet-table-runner/?utm_source=pdf&utm_medium=referral&utm_campaign=valentine-crochet-table-runner

More free patterns: cookzya.com

© 2026 CookZya. Free for personal use: you may make and sell what you crochet. Please don't sell, copy or repost this pattern; link to it instead.